

LEADERSHIP LAB #2

MONTH FIVE | THERMOSTAT VS. THERMOMETER

There are two ways to walk into a room:

THE THERMOMETER:

Reflects the temperature. If the room is bored, they are bored. If the room is negative, they are negative.

THE THERMOSTAT:

Sets the temperature. They don't wonder what the atmosphere is—they create it.

Read the scenarios below. Discuss what leading with passion would look like.

SCENARIO A: THE BORING TASK

Context: You are asked to reset a campus after an event.

Thermometer Reaction:

Complains, moves slowly, does the bare minimum because "it doesn't matter."

Thermostat Response:

What does leading with passion look like in this scenario?

SCENARIO B: THE GOSSIP CIRCLE

Context:

A group of friends starts criticizing a teacher, a leader, or another student.

Thermometer Reaction:

Laughs along to fit in or stays silent to remain popular.

Thermostat Response:

What does leading with passion look like in this scenario?

SCENARIO C: THE AWKWARD SILENCE

Context:

Circles have started, and your leader asks a question; no one is sharing.

Thermometer Reaction:

Waits for someone else to move first. Feels awkward and disengages.

Thermostat Response:

What does leading with passion look like in this scenario?

"Motion without devotion leads to limited impact." Write down one specific environment (school, home, practice) where you have been a Thermometer, and write down one specific thing you will do this week to become a Thermostat.

My Environment: _____

My Thermostat Action: _____